

NORTH OF TYNE VOLUNTEERING AREA OF EXCELLENCE

RESOURCES FOR MUTUAL AID GROUPS

University of Sussex research. Includes a Mutual aid toolbox - Practical tools for sustaining community participation and solidarity over time. [Community support and mutual aid : Groups and COVID : University of Sussex](#)

Mutual Aid – history and resources: [Tools & Resources – Mutual Aid](#)

[Mutual Aid Disaster Relief](#) is a grassroots disaster relief network based on the principles of solidarity, mutual aid, and autonomous direct action.

The book Mutual Aid: Building Solidarity During This Crisis (and the Next) by Dean Spade is a roadmap to understanding, participating in, and maintaining strong mutual aid networks.

[Mutual Aid: Building Solidarity During this Crisis \(and the Next\) – Dean Spade](#)

[Mutual Aid | Study Guide — Radical in Progress](#)

Elements training portal: [Elements Training Portal - VODA](#)

Research and learning from the COVID-19 pandemic: [Understanding and supporting the role of mutual aid groups in the Covid-19 pandemic – Academy of Social Sciences](#) (acss.org.uk)

Research funded by the Economic and Social Research Council (ESRC), as part of UK Research and Innovation's rapid response to COVID-19. [Resources – Mobilising UK Voluntary Action during COVID-19](#) (mvain4.uk)

Feedback from a local roundtable in 2021: [Lessons learned from regional voluntary action in a time of Covid - VODA](#)

[Visit NAVCA](#) to find your local Council for Voluntary Service can offer support, advice and training to your group at every stage of its development, from starting up and running well to raising money and planning for the future.

Vision for Volunteering: VODA, Volunteer Centre Newcastle, Connected Voice & NCVA are working together to promote excellence in volunteering across the North of Tyne area. This guide is one of a series promoting volunteering good practice, in line with the UK-wide Vision for Volunteering.

Vision for Volunteering tackles five key themes - awareness and appreciation of volunteering; power; equity and inclusion; collaboration; and experimentation - and explores how volunteering must adapt and evolve in each area, in order to navigate the challenges ahead, and continue to create positive change in our communities. . More than 350 people from more than 300 organisations contributed to the Vision for Volunteering. Vision for Volunteering is led by NAVCA, NCVO, Volunteering Matters, the Association of Volunteer Managers and Sport England.

Find out more at <https://www.visionforvolunteering.org.uk/>

